



### - Medication guide for Hip and Knee Joint Replacement -

Medication Name & Dose	How many tablets at a time?	How many times per day?	This medication is for:	When Do I Take This Medication?				
				Morning (7am)	Noon (1pm)	Afternoon (3pm)	Evening (7pm)	Bedtime (11pm)
Aspirin 81mg	1 Pill	Every 12 Hours	Prevents blood clots					
Acetaminophen (Tylenol) 500mg	2 Pills	Every 8 Hours	Pain control					
Naproxen (Naprosyn) 500mg	1 Pill	Every 12 Hours	Pain control					
Tramadol (Ultram) 50mg	1 Pill	Every 4-6 Hours	Take <u>only if needed</u> for MODERATE Pain					
Oxycodone 5mg	1 Pill	Every 6-8 Hours	Take <u>only if needed</u> for SEVERE Pain					
Protonix (Pantoprazole) 40mg	1 Pill	Every 24 Hours	Prevents stomach irritation/ulcers					
Senna 8.6mg	2 Pills	Every 24 Hours	Stool softener					
Colace 100mg	1 Pill	Every 8 Hours	Stool softener					

#### Tips for Taking Your Medications

- Create a routine and take your medication at the same time each day.
- Keep a log of when you took the medication to avoid forgetting!
- Use a pill box marked with the days of the week and times of the day.
- Take medications with food to avoid stomach upset.
- Some medications may impair your ability to drive or operate machinery.
- All these medications are SAFE to take together.
- Keep medications away from children.
- Count your pills to avoid running out at night or on weekends/holidays (the office cannot fill narcotics on off hours)
- If you experience a medication reaction, call Dr. Stapleton immediately