



- Medication guide for Shoulder Replacement -

Medication Name & Dose	How many tablets at a time?	How many times per day?	This medication is for:	When Do I Take This Medication?				
				Morning (7am)	Noon (1pm)	Afternoon (3pm)	Evening (7pm)	Bedtime (11pm)
Acetaminophen (Tylenol) 500mg	2 Pills	Every 8 Hours	Pain control					
Naproxen (Naprosyn) 500mg	1 Pill	Every 12 Hours	Pain control					
Tramadol (Ultram) 50mg	1 Pill	Every 4-6 Hours	Take <u>only if needed</u> for MODERATE Pain					
Oxycodone 5mg	1 Pill	Every 6-8 Hours	Take <u>only if needed</u> for SEVERE Pain					
Protonix (Pantoprazole) 40mg	1 Pill	Every 24 Hours	Prevents stomach irritation/ulcers					
Senna 8.6mg	2 Pills	Every 24 Hours	Stool softener					
Colace 100mg	1 Pill	Every 8 Hours	Stool softener					

Tips for Taking Your Medications

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| <ul style="list-style-type: none"> Create a routine and take your medication at the same time each day. Keep a log of when you took the medication to avoid forgetting! Use a pill box marked with the days of the week and times of the day. Take medications with food to avoid stomach upset. Some medications may impair your ability to drive or operate machinery. | <ul style="list-style-type: none"> All these medications are SAFE to take together. Keep medications away from children. Count your pills to avoid running out at night or on weekends/holidays (the office cannot fill narcotics on off hours) If you experience a medication reaction, call Dr. Stapleton immediately |
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